

12. The Sacrament of Confession or Reconciliation

"Whose sins you forgive will remain on their behalf."
(Jesus)



LIFE EVENT



Ugh! Confession is such a drag. I have so many questions:

What is sin? What are mortal and venial sins? Who are they?

Can one forgive? What is an examination of conscience? Who can forgive sins?

Have I sinned? When? How do I know which sins I've committed? It's been a long time.

I haven't sinned in a long time, so I don't notice it. How can I stop feeling ashamed?

WE SHARE:

1. Does this happen to everyone?
2. Mortal sin requires:
 1. Serious matter
 2. Full warning
 3. Full consent
3. To make a good confession:
 1. Examination of conscience
 2. Sorrow for sins
 3. Repentance to not repeat them.
 4. Confess your sins to the Confessor
 5. To fulfill the penance

THE WORD OF GOD

On the afternoon of that same day of his Resurrection, the disciples were behind locked doors out of fear. to the Jews. Jesus appeared there, standing in their midst, and said to them:



"Peace be with you. As the Father has sent me, so I send you to you." And he breathed on them: "Those whose sins you forgive."

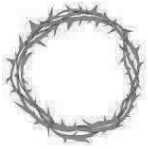
Those sins you do not forgive will not be forgiven.

forgiven." Jn 20:19-23.

WE FOUND OUT:

1. Did Jesus understand human weakness and was he willing to forgive?
2. Does he never get angry?
3. Can one withhold forgiveness for any sin?

WEEKLY GOAL



Act of repentance or contrition

My Lord Jesus Christ, true God and true man, Creator, Father, and Redeemer
mine, in whom I believe, in whom I hope, whom I love more than all things;

I am truly sorry for having offended them, because of who you are, Goodness.

infinite; and it also weighs heavily on me, because it can punish me with the eternal pains of hell.

Aided by His divine grace, and hoping in the merits of His precious

Blood, I propose not to sin again, to confess, to amend my ways, and to fulfill the
penance that will be given to me.

Amen.